



Jim Settee's Matchbox Teachings

Make your matchbox and decorate it.
Draw your favourite matchbox teachings.

In Jeanne's matchbox were special objects that reminded her of Jim's teachings (or, a way of understanding the Indigenous World View):

A snowflake – we are all *special* and unique

An ant – remembering *kindness*, and to love and *respect nature*

A bouncy ball that reminded her of the earth – we are all *one family* and that we share the earth
in Cree this is Wahkohtowin: One Community (these first three describe an Indigenous world view, and can be understood as the basis for Treaty Agreements)

A Métis sash – to remember *culture* and to remember *Mr. Settee*

A stone that went with the ringing bell – our *quiet spot* inside, or finding our center

You might want to write the teaching in one word beside each of your drawings.

You can draw each of these, or you can draw things that remind you:

- that you are special and unique (you can draw a snowflake or something else that will remind you)
- of kindness (how are you kind to others, and how would you draw this?)
- of your connection to nature (favourite animal or place in nature? How does this place make you feel?)
- of the teaching of One Community
- of your culture or tradition
- of someone you love who you want to remember (this can even be a pet!)
- of the quiet place inside (what will help you remember your quiet place?)
- anything else that is important to you - memories, things you like to do, or your special teachings
- you can put your drawings in, and add any small objects you like



Additional resources: Office of the Treaty Commissioner www.otc.ca/
Gabriel Dumont Institute <https://gdins.org/metis-culture/>